## BY REASON OF DARKNESS



# a Fantasy for Three Mixed Choirs (SABar) \& Tubular Bells 

Phillip A. Cooke

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(2015)

| Duration: | c. 12-15 minutes |
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| Cover photograph: | National Geographic |
| For more information: | www.phillipcooke.com |

By Reason of Darkenss was commissioned by the Sound Festival for the 2015 festival
First performed on the 22 October 2015 by the Sound Festival Community Choir in the King's College Quad, Aberdeen as part of the Sound Festival 2015

Many thanks to Pete Stollery for providing the sound sample
Audio clips of how to perform the different techniques and the necessary sound sample are available to download at www.phillipcooke.com

## TEXT

...Out of the south cometh the whirlwind: and cold out of the north...
...Hast thou with him spread out the sky...which is strong...as a molten looking glass...
...What we shall say unto him...for we cannot order our speech...by reason of darkness...

And the country lying quiet and full of farms.
This is the shape of a land that outlasts a strategy
And is not to be taken with rhetoric or arms.
...And now men see not the bright light which is in the clouds...but the wind passeth...and cleanseth them..
...Fair weather cometh out of the north...with God is terrible majesty...
Excerpts from Job 37 and Hometown Elegy
by G.S. Fraser (1915-1980)

## PERFORMANCE NOTES

- Audio clips of how to perform the different techniques and the necessary sound sample are available to download at www.phillipcooke.com
- As this is a work which utilises many non-standard vocaltechniques, it is imperative that anyone seeking to perform this work acquaints themselves fully with these performance notes before attempting a performance. It is also worth stating that the score is really only a 'blueprint' for the performance - the realisation of which will depend much on the individual interpretation of the choral director or conductor. There are some ambiguities and inconsistencies, but in order for a successfuland credible performance to take place there has to be a certain level of creative input from the director and the performers.
- The following are more comprehensive descriptions of the techniques in By Reason of Darkness (It is worth noting that all cross-noteheads do not refer to pitch, but to shape or contour):

1. Exaggerated deep breaths - this is fairly straightforward - deep breaths, slightly mannered, in a way that means that the audience are aware of the breathing noise.
2. Short, marked breaths out - the ' ff ' sound is an accented ' f ' sound, such as at the beginning of the word 'fish'. The 'fanned' semi-quavers indicate that the semi-quavers should increase in speed as they process.
3. Short, marked breaths - as number 2, but speeding up on the breath out, and slowing on the breath in.
4. Exhale through teeth - the performer should try to create as loud as possible a 'shh' sound, but should be careful not to whistle through their teeth.
5. Exhale through teeth - as number 4, but moving up and down in pitch as indicated.
6. Imitating gas fire - the performer should make the sound of a naked gas flame, such as given by a gas hob or Bunsen Burner. This is created by making a rough 'Haa’ sound from the back of the throat.
7. Imitating gas fire - as number 6, but moving hand rapidly in front of mouth so as to create a tremolo effect of sorts.
8. Heavy whisper - the performer should try to whisper in a marked, accented way, as loud as possible, but not venturing into speech.
9. Spoken - normal speaking voice.
10. 'Cacophony' - performers should try to stagger their entries here so as to create 'cacophony' and not become in time with their whole section or choir.
11. Heaw whisper - as number 8 , but with an exaggerated final ' $s$ ' like a cartoon snake with a lisp.
12. Humming - performers should try to create a uniform humming sound, breathing regularly and independently to help attain this sound.
13. Pitched glissando - performers should glissando from the chord they finished the previous movement on, to the lowest note possible.
14. Chanted - this should be delivered in a style a little like a recitative from an opera, or like Anglican chant.

- The heterophonic section (rehearsal mark B) should be extremely free. Each individual singer should sing the given phrase in whichever rhythm they choose - this could range from uniform measures, or something similar to the rhythms given by the soloists in the previous section. The desired effect is for multiple versions of the same material to be present.
- The timeline is a rough guide to the conductor as the envisaged direction of musical events - it is not a definitive, prescriptive formula - the durations given are all approximations and the conductor should feel free at all times to use these as a guide to his/herown realisation of the piece.
- As a rule, the piece should feel free at all times. Performers should feel uninhibited and free to work originally with the material given. There are times for the choirs to sound together, but for the majority of the times, individuality should prevail.

PERFORMANCE LAY-OUT

CHOIR I


## PROGRAMME NOTE

By Reason of Darkness is the most ambitious and experimental choral work that I have written to date. When commissioned to write a piece for a massed community choir I wanted to do something very different to much of the choral music I usually write, something that would be very different to what the majority of the community choir may have performed before. The brief for the work was the theme of 'Southern and Northern Skies' and this general theme led me very quickly to Job:37, with the famous line 'Out of the south cometh the whirlwind'. This immediately got me thinking - how could I emphasise this line using the choral forces available to me? I then decided to try and 'create' the whirlwind that Job is describing using non-standard vocal techniques and effects. Thus, By Reason of Darkness was conceived.

The work is in three sections, the outer two using excerpts from Job, the inner one using some lines from Hometown Elegy from the Aberdeen-based poet G S Fraser (1915-1980). I wanted the work to be somewhat site specific to Aberdeen (where the first performance will take place) and this led me to Fraser's work, and also to the inclusion of the sound sample that is prevalent in the second movement. This middle movement is elegiac in tone and I wanted there to be elements of the 'hometown' Fraser is alluding to in his poem to be present - the first performance is due to take place outside where natural noises will occur, but I wanted there to be an ambient, almost undecipherable sound to be present as well.

I have subtitled this work a 'fantasy' - using the traditional understanding of something free and improvised. It is also a rhapsody and a homage to the locality. It is a representation of a current preoccupation with the notion of place - in this case Aberdeen and the wider county.

## PAC

## for Pete Stollery, with many thanks

JOB: 37 \& G.S.FRASER (excerpts)

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a Fantasy for Three Mixed Choirs (SABar) \& Tubular Bells

## I. Out of the south cometh the whirlwind



* For all performance techniques, please acquaint yourself fully with the preface

poco a poco cresc. $\qquad$

$\qquad$ $\checkmark$ 4" $\qquad$ $\left\ulcorner 2^{2}\right.$ 2"
ff -ff-ff-ff-ff-ff-ff-ff ff-ff -ff-ff -ff-ff -ff -ff
5.exhale through teeth




A [con misura] ( $\quad$ = c.66)



poco a poco cresc. $\qquad$

50'





D



$\qquad$
$\qquad$



## II. Hometown Elegy



5

## 4


$\boldsymbol{p p p}_{\text {sempre }}$

$\boldsymbol{p P p}$ sempre


[begin sample] $\qquad$ 20 $\qquad$


12. [humming]


G

$\qquad$







poco a poco accel. $\qquad$

[poco a poco accel.] $\qquad$





